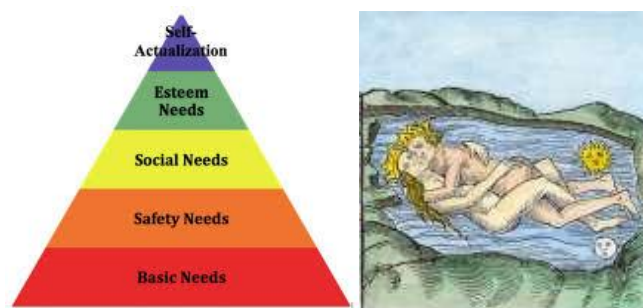


Confederation for Analytical Psychology presents

**JUNGIAN ANALYSIS AND HUMANISTIC PSYCHOTHERAPY:
CRITICAL CONNECTIONS – PAST, PRESENT AND FUTURE**

(This conference is offered as the 5th biennial Andrew Samuels Lecture. Andrew was the founder chair of CAP which is an organisational member of the United Kingdom Council for Psychotherapy)



Saturday 25th October 2014

10 am – 5.30 pm (registration 9.30 am)

followed by drinks courtesy of CAP

Resource for London

356 Holloway Road, London N7 5PA

(formerly LVSRC - next to Waitrose)

Costs (inclusive of lunch):

CAP members and concessions: £65

Early bird to June 30th: £70

Full price: £85

This unique and innovative conference is the first to openly celebrate the fact that Humanistic Psychotherapy and Jungian Analysis have many features in common. For example, the idea that all elements in a dream are part of the dreamer's personality or psyche is found in Fritz Perls and also in Jung. Maslow's hierarchy of needs and Jung's ideas about individuation have similarities. One could go on and on about it.

As far as therapy work is concerned, common features include trust that the patient/client knows at depth what is needed from the therapy, a recognition that the therapist is in the process as a person, and that therapy needs to struggle to maintain a distance from the conformist and materialist values that are present in contemporary society. Both traditions have pioneered the exploration of a variety of collective approaches to psychology, ranging from the transpersonal and spiritual to the socio-political.

Yet both traditions have had to revise and develop the seminal insights of their founders, and problems of mourning – for Jung, Rogers, Berne, Perls, Maslow, Reich and others – are freely acknowledged still to be there.

Many practitioners have or have had had a foot in both camps and, in selecting the speakers, CAP has tried to include as many of these as possible. So there will be external dialogue

between the traditions and internal dialogues within the speakers. And, of course, we hope that there will be similar dialogues taking place amongst the participants. We do not for one moment think that there are no differences – even sharp differences - of perspective between these two invaluable therapeutic heritages.

The conference will be of interest to all working in or studying the fields of analysis, psychotherapy, counselling, psychology and education – not just to Jungians and Humanistic Psychotherapists.

WITH HELENA HARGADEN, BIRGIT HEUER, DEIRDRE JOHNSON, DALE MATHERS, CHRIS ROBERTSON, JOHN ROWAN, STEVEN SMITH, BRIAN THORNE (VIDEO INTERVIEW WITH ANDREW SAMUELS)



From left to right: Carl Jung, Fritz Perls, Carl Rogers, Natalie Rogers, Abraham Maslow, Roberto Assagioli, Wilhelm Reich, Eric Berne.

Images at top of flyer: Maslow's Hierarchy of Needs and *Coniunctio* (from Vol. 16, *Collected Works of C.G. Jung*).

BOOKING FORM FOR JUNGIAN ANALYSIS AND HUMANISTIC PSYCHOTHERAPY:

CRITICAL CONNECTIONS – PAST, PRESENT AND FUTURE

Post to: Jane Nairne, 35 Manor Road, Potters Bar, Herts, EN6 1DQ.

Queries: capenquiries@gmail.com

No refunds will be made

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I require: ____ tickets at £85 (Full price)

I enclose a cheque payable to "Confederation for Analytical Psychology" for £_____

OR: I am making an interbank transfer to Sort Code: 09-01-53. A/c: 46133289

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CPD certificates available on day. CPD events are tax deductible for the self-employed.**

*****Latest Titles and a taster of some of the talks*****

Deirdre Johnson:

Models of the 'Self': gendered, non-gendered and trans-gendered

The idea of the importance of balancing and synthesising opposite tendencies in the psyche is crucial to Jungian and other Humanistic Psychology approaches. Possibly no aspect of this is so troubling as that involving notions of gender and sexual orientation, yet the idea remains crucial in the field of intimate relationships. I will therefore be drawing on this theme to show both how valuable it is in human relationships and how crucial it is that we update our models of the Self in both Jungian and Humanistic psychologies.

Deirdre Johnson qualified with the Association of Jungian Analysts (IAAP) after a previous qualification in Psychosynthesis psychotherapy. She has been the keynote speaker at conferences both in the UK and internationally, and her book on relationships: 'Love: Bondage or Liberation?' is published by Karnac

Helena Hargaden:

In my talk I will be reflecting on the influence of Buber on humanistic psychotherapy, making links with my own journey through humanistic psychotherapy and Jungian analysis.

Helena Hargaden (DPsych, MSc., Training and Supervisory Transactional Analyst) is a Psychotherapist, Writer, Consultant and Supervisor. In collaboration with others she developed relational perspectives of TA and has been widely published and translated into a number of other languages. She lives on the South Coast where she has a clinical practice and can be contacted on helenahargaden27@hotmail.com.

Brian Thorne:

'Brian and Andrew on the two Carls'

My interview with Andrew is marked by its splendid spontaneity. We established instant rapport and I was able to do justice, I think, to my indebtedness and to both Jung and Rogers. For me they were both courageous men – Jung in his single-minded exploration of the unconscious and Rogers in his commitment to risk-taking in relationship. They also had much in common and this also comes out in our exchanges. Towards the end of our conversation we reflect on the current state of therapy in Britain and Andrew reveals how much he is currently influenced by the person-centred approach. All in all, this interview was for me an exhilarating experience. I hope it will be for viewers at the conference.

Brian Thorne is Co-founder and Professional Fellow at The Norwich Centre for Personal, Professional and Spiritual Development, Emeritus Professor of Counselling at the University of East Anglia, and a Lay Canon of Norwich Cathedral. Thorne is an internationally recognised figure in the field of person-centred therapy, and was a close colleague of Carl Rogers.

He is the author of many books and co-author, with Professor Dave Mearns, of the best-selling 'Person Centred Counselling in Action' (Sage, 4th edition 2013)

John Rowan:

The main link I see is individuation, which seems to me much the same as self-actualization. Now in 1980 I declared myself actualized. Does that mean that I was also individuated? Is either of these achievements real, or even possible?

I think these are interesting questions. I often ask what is the purpose of therapy.

It seems to me that we often pussyfoot round this important question, as if such questions were in bad taste. But if Jung is right that the purpose of therapy is individuation, why should we not bravely face this question?

Dr John Rowan has delivered workshops in 25 countries, and written about 20 books. He is a Fellow of the BPS, of BACP and of UKCP. He is married and lives in Chingford.

Steven Smith

The Psychotherapeutic Process of Change: exploring the integrative links between Carl Jung's 'enantiodromia', Eric Berne's 'physis' and Arnold Beisser's 'paradoxical nature of change'.

In contrast to the rise of 'the relational turn' within the field of psychotherapy, I will be critically evaluating the more ontological or essential aspects of humanness that can potentially contribute to the client's process of change, growth and healing.

Steven B Smith is a UKCP Registered Psychotherapist. Steven holds several academic and clinical qualifications including: BA (Hons) Applied Social Sciences [Coventry Lanchester Polytechnic, 1982]; BA (Hons) Christian Theology & World Faiths [Leeds University, 1986]; Diploma & MSc in Integrative Psychotherapy [The Metanoia Institute & Middlesex University, 2002]; Certificate in Integrative and Transpersonal Supervision [The Psychosynthesis Education Trust, 2005]; MA in Jungian & Post-Jungian Studies [Centre for Psychoanalytic Studies, Essex University, 2008]. He is currently studying for his doctorate in transpersonal psychology with Liverpool John Moores University (LJMU). Steven is a senior lecturer in Integrative Psychotherapy with The Metanoia Institute. In his clinical practice he endeavours to integrate developmental, relational and transpersonal perspectives to honour the client's multiple and unique ways of being, experiencing and relating. This supports him to identify and work with the client's developmental deficits and traumas, current relational struggles and spiritual issues, as these emerge within the therapeutic relationship.

Dr. Dale Mathers & Chris Robertson Joint Presentation

Return to the Radical Edge?

By not recognizing that the soul is also in the world, therapy can't do its job anymore. The buildings are sick, the institutions are sick, the banking system's sick, the schools, the streets - the sickness is out there. James Hillman

How can therapy rediscover a vital edge? Both humanistic therapy and Jungian analysis arose as radical responses to cultural malaise. The focus on an internal world and only human inter-relatedness reflects an over emphasis in the Western world on Individualism. Moves to national registration and social respectability have worsened an inappropriate accommodation with cultural dis-ease. How can psychotherapists re-position themselves to recover our radical edge – get to the roots of what sort of healing art we are engaged with.

Are we to collude with the dominant discourse, scientific materialism, or can we find a discourse of our own? This joint presentation attempts to bring together themes at the edge between individual and cultural psychotherapy:

- acknowledging the gap between the human psyche and 'nature'
- exploring how the ecological crisis impinges on us
- be aware of how a client's pain, and our pain, at the violence perpetrated on the animate earth appears in our consulting rooms

Drawing on our experience of different modalities, this joint presentation will develop a dialogue and story that aims to explore symbols as cultural catalysts that can offer a radical perspective relevant to sickness and renewal in the world.

Dr. Dale Mathers MB. BS., MRCPsych. Supervisor with AJA. Psychiatrist and humanistic psychotherapist. analytical psychology in the UK and Europe. Directed the Student Counselling Service at the London School of Economics and was Mental Health Foundation Fellow at St. George's Hospital, London.

Publications include:

(2001) An introduction to meaning and purpose in analytical psychology London: Routledge

(2001) The boy with no face in Awakening and Insight, ed. Young -Eisendrath, P and Miller, M. London: Routledge

(2009) (ed.) Vision and Supervision London: Routledge

(2009) (ed.) Self and No Self London: Routledge

(2014) (ed.) Alchemy and Psychotherapy London: Routledge

Chris Robertson has been a psychotherapist and trainer since 1978 working in several European countries. His training background includes Psychosynthesis, Child Psychotherapy, Family Therapy and Archetypal Psychology. He contributed the chapter 'Dangerous Margins' to the recent Ecopsychology anthology *Vital Signs* (Karnac, 2012); is co-author of *Emotions and Needs* (OUP, 2002). He is a co-founder and director of training at Re•Vision, an integrative and transpersonal psychotherapy training centre, where he is involved in developing Ecopsychology.