

Confederation of Analytical Psychologists

CAP was established in 1999 and is a members' organisation of individuals who are Jungian analysts and members of the International Association for Analytical Psychology. CAP has over 200 members.

CAP aims to strengthen the Jungian community in the UK and to present analytical psychology to the wider public through conferences, study groups and social activities.

CAP also has an accrediting role with the UKCP, enabling individual analysts to register with UKCP if they so wish.

CONFERENCE CHAIRS

Andrew Samuels is Professor of Analytical Psychology at the University of Essex and founder Chair of CAP.

Ann Shearer is a Jungian Analyst (IGAP) in private practice in London. She has taught on Sesame Courses and many differing psychotherapy trainings.

Julia Paton is a Jungian Analyst (SAP) and Chair of the CAP Conference Organising Committee.



Venue

The London Voluntary Sector Resource Centre is centrally located at 356 Holloway Road, London N7 (next to Waitrose). 200 yards from Holloway Road Tube Station, it is served by numerous bus routes from Main Line Stations.

There is very little unrestricted parking in the area.

You are advised to travel by public transport.

Advance arrangements may be made for a limited number of disabled drivers to park on site.

A location plan will be sent out with your ticket.

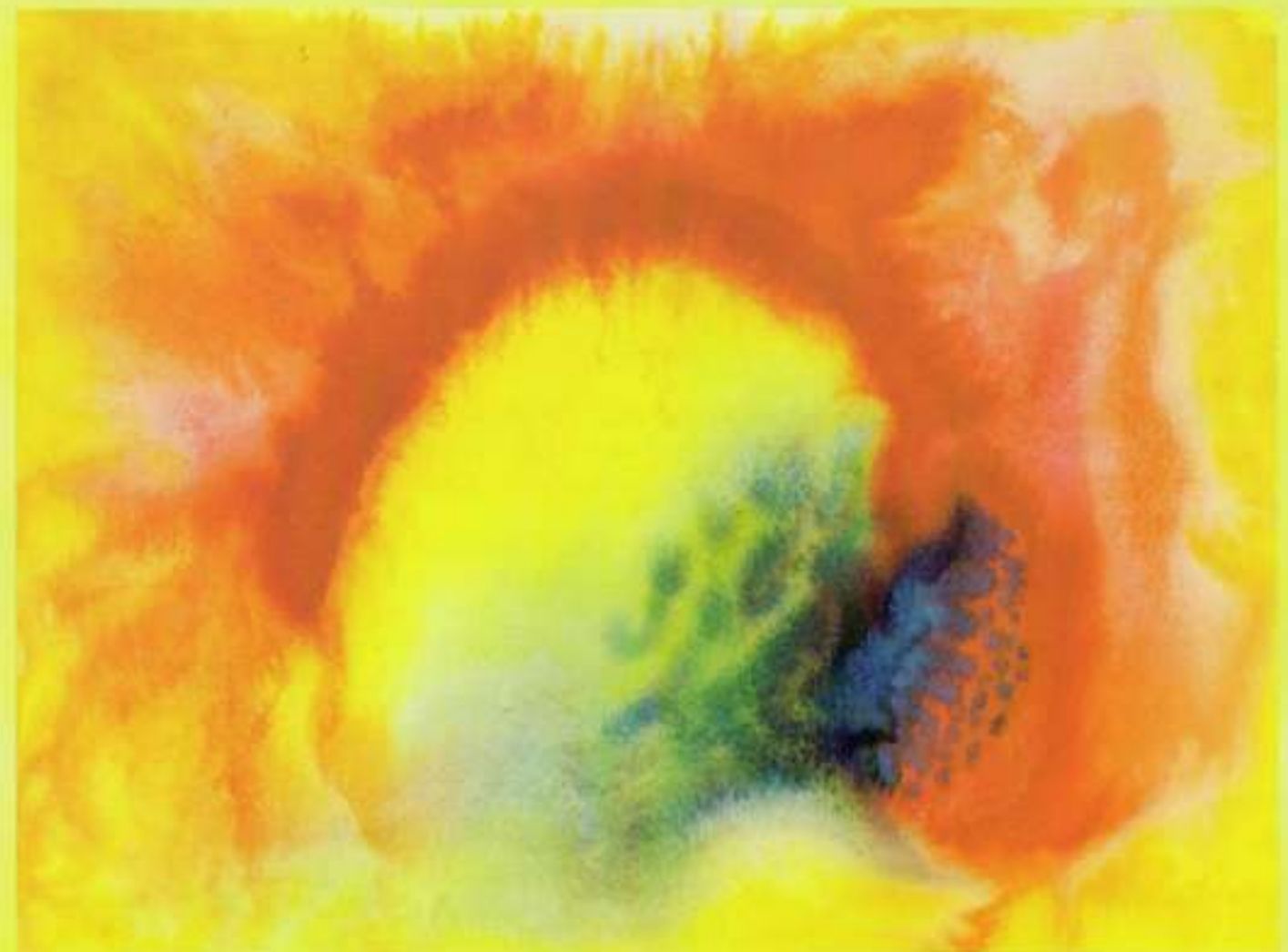
"Imagination Bodies Forth the Forms of Things Unknown"
is a quotation from
A Midsummer Night's Dream
by William Shakespeare

**Assistance in brochure design
supplied by Brainchild UK.**

Cover Painting by
Carola Mathers, Jungian Analyst.

If your organisation is interested in advertising at this conference, please contact CAP Conference Administration (details on front cover)

"Imagination Bodies Forth the Forms of Things Unknown"



The Confederation of Analytical Psychologists

presents a one day conference on

The Relationship Between Jungian Psychology and the Arts-Based Therapies - Past, Present & Future

Saturday 1st December 2001

9.30 am-5.30 pm

at The London Voluntary Sector Resource Centre
356 Holloway Road, London N7.

Cost: £100

(Trainees and concessions (numbers limited): £50)

Some bursaries available.

Advance booking essential.

Conference Administration:

17 Glenkerry House, Burcham Street, London E14 0SL

Tel: 020 7515 2012 Email: RuthWilliams@msn.com

RATIONALE

There is a special relationship between the arts-based therapies and Jungian analysis. All share common ground in working with the healing capacities of the imagination. This exciting and innovative conference sets out to explore the links from experiential, historical and conceptual perspectives. Jung described how important the imagination was to him, whether painting, carving, playing with stones and water, or developing the clinical method known as active imagination. Jungian ideas are featured prominently on arts-based therapy courses and, conversely, many Jungian analysts make use of expressive techniques in their work. This conference interweaves workshops in different kinds of arts-inspired therapy with discussions on the connections to Jungian psychology and analysis. The workshops are an opportunity to explore different levels of experience and to make connections between the verbal and the non-verbal.

WORKSHOPS

*Numbers are strictly limited and workshops will be allocated as bookings are received.
We would emphasise that the workshops are not therapy workshops.*

ART THERAPY WORKSHOPS

- Workshop No.1: Joy Schaverien**—Jungian Analyst (SAP), Professor (Associate) Art Psychotherapy, University of Sheffield. Dreams and Active Imagination: explore through paint, pastels, paper and play.
- Workshop No.2: Mary-Jayne Rust**—Jungian Analyst (SAP), Art Therapist. Playing with clay, exploring relationships between psyche and body, soul and the land.
- Workshop No.3: Julia Ryde**—Jungian Analytical Psychotherapist (BAP), Art Therapist. "To Put You in the Picture" - making images and telling stories using a range of art materials.
- Workshop No.4: Martin Robinson**—Jungian Analyst (AJA), Art Therapist. Image as narrative: exploring (through paint and other materials) dream, story and imagination as process.
- Workshop No. 5: David McLagan**—Writer, Artist and Art Therapist. An imaginal approach based on some of James Hillman's ideas: using fantasy to explore the 'aesthetic' features of images and to warm them with imagination.

DRAMATHERAPY WORKSHOPS

- Workshop No.6: Richard Wainwright**—Jungian Analyst (AJA), Senior Lecturer Dramatherapy, University of Hertfordshire. "A mask, a photograph and a barrel of stories".
- Workshop No.7: Jenny Pearson**—Psychotherapist and Sesame Dramatherapist. The group will enact a traditional story using voice, movement and instruments.

MUSIC THERAPY WORKSHOPS

- Workshop No.8: Averil Williams**—Jungian Analyst (SAP), Music Therapist. Free improvisation on easily accessible instruments will form the basis of our time together—a sort of acoustic dreaming—we'll talk too!
- Workshop No.9: Rachel Darnley-Smith**—Music Therapist. Music Therapy Experiences: the theme will be a journey of free musical improvisations upon which we will reflect.

DANCE/MOVEMENT THERAPY WORKSHOPS

- Workshop No.10: Shayne Spitzer**—Jungian Analyst (AJA), Dance/Movement Therapist. "Kinaesthetic active imagination": a non-stylised, self-directed movement experience creating an embodiment of inner images and process.
- Workshop No.11: Nina Papadopoulos**—Dance/Movement Therapist and Psychologist. The workshop will offer an opportunity to explore our inner images and connect with shared group themes through movement and dance.

SANDPLAY PRESENTATION

- Workshop No.12: Maggie Baron**—Sandplay Therapist in private practice.
- Diana Jansen**—Jungian Psychotherapist working with both adults and children in Sandplay. This jointly run workshop will be in the form of two illustrated presentations of sandplay case material.

*No previous experience is necessary for participation in workshops.
CAP reserves the right to allocate workshops although we will try to be guided by the preference stated on your booking form.*

INVITATION

People with an interest in creativity and the imagination as well as practitioners from arts-based therapies, psychotherapy, counselling and analysis are invited to this one day conference.

PROGRAMME

Delegates take part in one workshop (selected from the panel opposite) and both panel discussions

9.00 am	Registration and refreshments
9.30 am	Welcome Julia Paton Andrew Samuels
10.00 am	Workshops
12.00 am	Coffee
12.30 am	Panel One: Jungian Psychology- Art Therapy and Music Therapy Ann Shearer (Chair) Joy Schaverien Averil Williams
1.45 pm	Lunch
2.45 pm	Panel Two: Jungian Psychology- Dance/Movement Therapy, Drama Therapy and Sandplay Andrew Samuels (Chair) Maggie Baron Shayne Spitzer Richard Wainwright
4.00 pm	Tea
4.30 pm	Plenary
5.30 pm	Close

BOOKING FORM

Name: _____

Address: _____

Email: _____

Tel: _____

Fax: _____

Profession: _____

Organisational affiliations: _____

Special dietary requirements: _____

WORKSHOP PREFERENCE

1st choice: Workshop No. _____

Facilitated by _____

2nd choice: Workshop No. _____

Facilitated by _____

- ☐ I enclose a cheque for £100/£50 payable to "Confederation of Analytical Psychologists"
- ☐ I would like to contribute towards a bursary fund and enclose an additional £_____
- ☐ I attach a request for a bursary or concession giving details of my circumstances

**Please post booking form, cheque and SAE to
CAP Conference Administration
17 Glenkerry House
Burcham Street
London E14 0SL**

**Cost includes lunch, refreshments,
workshop and materials**

You will be sent a ticket acting as a receipt